

GC

YOUR ESSENTIAL USAGE GUIDE



GC

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GC Tooth Mousse contains RECALDENT™ (CPP-ACP), a unique ingredient developed at The School of Dental Science, The University of Melbourne, Victoria, Australia. RECALDENT and RECALDENT Device are trademarks used under licence. GC Tooth Mousse should not be used by people with milk protein allergies. If any allergic reaction occurs, this may indicate sensitivity to the benzoate preservatives, or to some other component of the product. In this event, discontinue use of the product and contact your physician.

Clinical Guidelines for Application of GC Tooth Mousse and GC Tooth Mousse Plus

INDICATION	HOW OFTEN	DURATION	ADDITIONAL COMMENTS
GENERAL PREVENTION	Once a day, after flossing and brushing in the evening	Ongoing as part of a general prevention program	Regular use of GC Tooth Mousse (Plus) will help maintain a healthy oral environment
DRY MOUTH, XEROSTOMIA	Minimum twice a day, additional as required based on measure of saliva quality and quantity	Continuous treatment while the level of protection from saliva is reduced	Saliva testing will help quantify the extent of risk. GC Dry Mouth Gel can help alleviate dry mouth symptoms and provide oral comfort
ACTIVE CARIES	Twice a day, after flossing and brushing	Until risk of future caries has been reduced	Assessment to determine the potential source(s) of risk should be undertaken and suggestions made on how the patient can reduce their caries risk
ORTHODONTIC TREATMENT	Twice a day, after flossing and brushing	During entire orthodontic process	Complete treatment 12 weeks after the finish of orthodontic procedures or thereafter as required to reverse any white spot lesions
WHITENING (prior to starting treatment)	Twice a day, after flossing and brushing	Start 1-2 weeks before whitening procedure	Pre-whitening applications of GC Tooth Mousse (Plus) will help reduce the degree of whitening sensitivity
WHITENING (during treatment)	Following removal of the whitening tray	Finish 2 weeks after the final whitening application	The whitening tray can also be used to apply GC Tooth Mousse (Plus)
WHITE SPOT LESIONS	Twice a day, after flossing and brushing	8-12 weeks and thereafter as required	There are different types of white spots and pre-treatment of the white spot surface prior to application of GC Tooth Mousse (Plus) may be required
SENSITIVE TEETH	Twice a day during acute phase, followed by once a day application	4-6 weeks or until resolved	If sensitivity persists additional diagnostic testing could be required
DEVELOPMENTAL DEFECTS IN ENAMEL (MIH)	Minimum twice a day, after flossing and brushing, and as required for sensitivity	Continuous treatment as required	Depending on severity, additional protection can be achieved by sealing hypomineralised surfaces with a glass ionomer cement (eg Fuji VII)
TOOTH EROSION AND WEAR	Minimum twice a day, before and after exposure to acid challenges	Until risk of acid exposure is reduced	Identify source of acid and where possible reduce or encourage a reduction in exposure and increase saliva stimulation
DURING AND AFTER PERIODONTAL CARE	Twice a day, after flossing and brushing	During entire period of care and for 4 weeks after completion	GC Tooth Mousse (Plus) contains RECALDENT™ (CPP-ACP) which acts as a calculus inhibitor